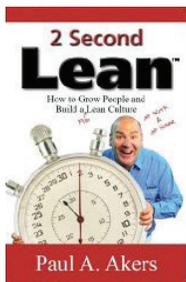We consider ourselves lifelong learners at TrippNT! These books have been integral to understanding implementing Lean across all levels of our organization. We hope that picking up any one of these books can inspire positive change in your own company.
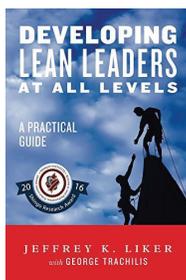
On Lean

2 Second Lean
by Paul Akers

This is the book that kicked off a new era for our company! It introduces high-level lean concepts in a simple, accessible way that shows just how easy it is to fix what bugs you while improving your company's efficiency in the process. There's no jargon or "consultant speak" to be found here, just a quick and effective read to understand the immense value of being Lean.

Toyota Kata
by Mike Rother

This game-changing book provides a deep insight into the legendary automaker's management practices, and offers practical guidance for leading and developing people in a way that makes the best use of their brainpower. Drawing on six years of research into Toyota's employee-management routines, Toyota Kata examines the company's organizational routines--called kata--that power its success with continuous improvement and adaptation.

Developing Lean Leaders at All Levels
by Jeffrey Liker

This book explores the concept of the Lean Leadership Development Model (LLDM), which expands significantly on the elements of Lean and structures them in a more specific way that can be operationalized by lean practitioners. You can learn everything you want about the Toyota Way; you can implement the tools they have created, but if you do not have the behaviors established within your culture, it will not be successful for long-term sustainment of operational excellence.
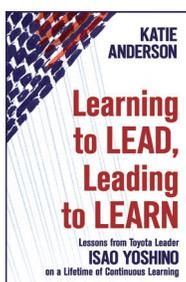
Learning to Lead - Leading to Learn
by Katie Anderson

Learning to Lead, Leading to Learn is a beautiful, one-of-a-kind tapestry that will inspire both veteran and aspiring leaders to reflect and learn. It's a book for leaders of all levels, in any industry, anywhere in the world, who strive to create a culture of continuous learning and to lead with intention -- by helping others discover their best selves, while also developing themselves.
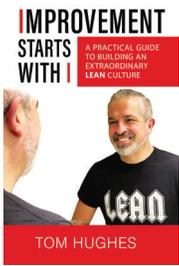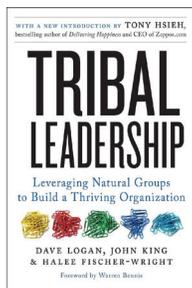
Improvement Starts with I
by Tom Hughes
Whether you are the CEO or the new starter at your organisation, these insights can be the difference between frustration or a joyful experience of personal and organizational transformation. A phenomenal Lean Culture can be yours when you understand that ... Improvement Starts With I

On Leadership

Tribal Leadership
### by Dave Logan, John King, & Halee Fischer-Wright
Tribal Leadership gives an amazingly insightful perspective on how people interact and succeed. You'll learn how culture is tied to every aspect of your business, and how to upgrade it in your organization. I learned about myself reading this book, and learned lessons I will carry with me and reflect on for the rest of my life.
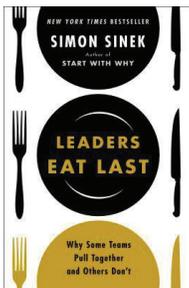
Leaders Eat Last
by Simon Sinek
The biology is clear: when it matters most, leaders who are willing to eat last are rewarded with deeply loyal colleagues who will stop at nothing to advance their leader's vision and their organization's interests. It's amazing how well it works.
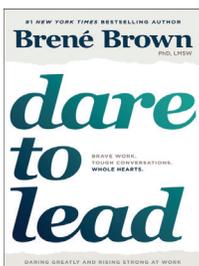
Dare to Lead
by Brene Brown
Brené writes, 'One of the most important findings of my career is that courage can be taught, developed and measured. Courage is a collection of four skill sets supported by twenty-eight behaviours. All it requires is a commitment to doing bold work, having tough conversations and showing up with our whole hearts. Easy? No. Choosing courage over comfort is not easy. Worth it? Always. We want to be brave with our lives and work. It's why we're here.'

Unreasonable Hospitality
### by Will Guidara
Today, every business can choose to be a hospitality business—and we can all transform ordinary transactions into extraordinary experiences. Featuring sparkling stories of his journey through restaurants, with the industry's most famous players like Daniel Boulud and Danny Meyer, Guidara urges us all to find the magic in what we do—for ourselves, the people we work with, and the people we serve.
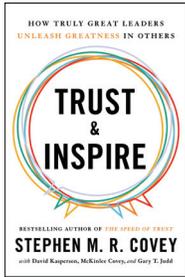
Trust and Inspire
by Stephen M.R. Covey

Stephen M.R. Covey has made it his life's work to understand trust in leadership and organizations. In this book, he offers a simple yet bold to shift from this "command and control" model to a leadership style of "trust and inspire." People don't want to be managed; they want to be led. Trust and Inspire is a new way of leading that starts with the belief that people are creative, collaborative, and full of potential.
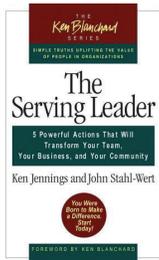
The Serving Leader
by Ken Jennings

The second book in the acclaimed Ken Blanchard series (called "powerful testimony" by Brad Orr, CEO of John Burnham & Co) is both a practical guide for effective leadership and a book about the personal journey of growth that real leadership requires.
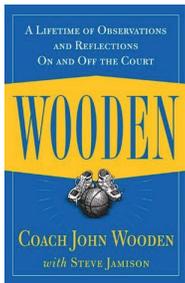
## Wooden
by John Wooden, Steve Jamison

In honest and telling passages about virtually every aspect of life, Coach shares his personal philosophy on family, achievement, success, and excellence. Raised on a small farm in south-central Indiana, he offers lessons and wisdom learned throughout his career at UCLA, and life as a dedicated husband, father, and teacher. An inspirational classic!
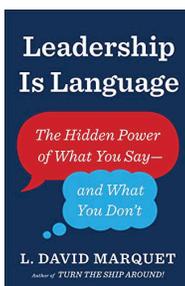
Leadership is Language
by L. David Marquet

Marquet outlines a set of principles and tools that help leaders inspire their people to take responsibility and address challenges without waiting to be told what to do, highlighting how small changes in language can lead to dramatic changes in a team's success and happiness.
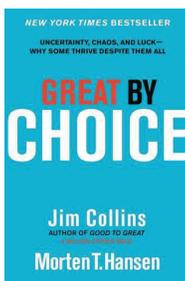
Good to Great/Great by Choice
by Jim Collins

Based on nine years of research, buttressed by rigorous analysis and infused with engaging stories, Collins and his colleague Morten Hansen enumerate the principles for building a truly greatenterprise in unpredictable, tumultuous and fast-moving times. This book isclassic contrarian, data-driven and uplifting.

On Personal Mastery
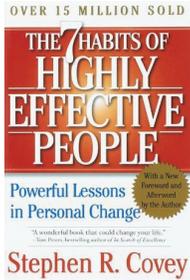
The 7 Habits of Highly Effective People
*by Stephen Covey*

This is a book that needs no introduction! Stephen R. Covey presents a holistic, integrated, principle-centered approach for solving personal and professional problems. He reveals a step-by-step pathway for living with fairness, integrity, service, and human dignity--principles that give us the security to adapt to change and the wisdom and power to take advantage of the opportunities that change creates.
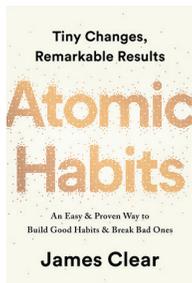
Atomic Habits
by James Clear

Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.
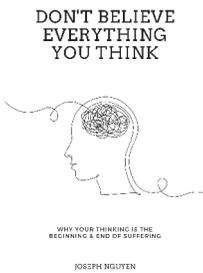
Don't Believe Everything You Think
by Joseph Nguyen

In this book, you'll discover the root cause of all psychological and emotional suffering and how to achieve freedom of mind to effortlessly create the life you've always wanted to live.

Although pain is inevitable, suffering is optional.

This book offers a completely new paradigm and understanding of where our human experience comes from, allowing us to end our own suffering and create how we want to feel at any moment.